

MUD KITCHEN KIDS

An Outdoor Developmental Program



Every child deserves an outdoor
childhood that helps them grow.

LETTER FROM THE FOUNDER

Thank you for taking a few moments to learn about Mud Kitchen Kids.

Over the past five years, I've had the privilege of watching more than 200 children discover confidence, connection, and joy through meaningful outdoor play. I've also met wonderful families who deeply value these experiences but find that cost can make participation difficult.

As the program has grown, I never wanted financial circumstances to be the reason a child couldn't participate.

I'm inviting you to partner with Mud Kitchen Kids in creating more opportunities for children to experience meaningful outdoor developmental play by helping remove financial barriers for families.

This guide shares the story behind Mud Kitchen Kids, the impact we've had throughout our community, and how your support can help more children experience the kind of outdoor childhood they deserve.

Thank you for taking the time to learn about our mission. I hope you'll consider partnering with us to help more children explore, create, move, connect, and grow.

With gratitude,

Daniele Fallon, OT/L
Founder, Mud Kitchen Kids



OUR STORY

We believe every child deserves the kind of outdoor childhood that helps them grow.

Today's children are growing up in a world of increasing screen time, busy schedules, and fewer opportunities for the kind of unhurried outdoor play that helps them grow.

Many of the experiences that once unfolded naturally in childhood now require greater intention from families, educators, and communities.

Five years ago, I set out to create a place where children could climb, create, imagine, get muddy, solve problems, build friendships, and develop a lasting connection to the outdoors.

As a pediatric occupational therapist, I designed Mud Kitchen Kids with one simple belief: the environment itself can become a powerful teacher.

Today, more than 200 Treasure Valley children have experienced Mud Kitchen Kids. I've had the privilege of watching children discover confidence, resilience, friendships, and the joy of being outdoors.

That's why I created the Mud Kitchen Kids Access Fund—to help ensure more children can experience the kind of outdoor childhood that helps them grow.

Together, we can give more children the freedom to explore, create, move, connect, and discover the kind of outdoor childhood that helps them grow.



WHY MUD KITCHEN KIDS

Mud Kitchen Kids was created around a simple idea: children grow best when they're free to explore, create, move, connect, and lead with their own ideas.

As a pediatric occupational therapist, I intentionally designed an environment where every element invites development through play.

A log becomes a balance beam. A mud puddle becomes a sensory adventure. Loose parts become inventions.



A swing becomes a place to discover confidence. Every hill, log, swing, mud puddle, loose part, and gathering space is intentionally chosen to invite meaningful movement, sensory exploration, creativity, problem-solving, and connection.

As children decide how far to swing, what to build, how muddy to get, or where to explore next, they aren't simply playing—they're developing confidence, resilience, body awareness, friendships, and a lifelong connection to the outdoors.

GROWING MORE THAN CHILDREN

5 Years Serving Treasure Valley Families

Creating meaningful outdoor developmental experiences for children and families.

200+ Children Reached

Children building confidence, resilience, connection, and a lifelong love of the outdoors.

17 Five-Star Reviews

Trusted by families throughout the Treasure Valley.

Empowering Caregivers

Helping caregivers see childhood through a developmental lens by sharing practical strategies and play ideas they can continue long after each session ends.

Developing Future Educators & Therapists

Proud fieldwork partner with the **College of Western Idaho**, mentoring Occupational Therapy Assistant students while providing learning opportunities for **Boise State University** and **Idaho State University** students. Consultant for a local forest school.

Educating Our Community

Presenting to educators, schools, parent groups, and community organizations on the developmental power of outdoor play.

Parent Perspective

"There are NO words to describe the outdoor mud kitchen class facilitated by Daniele and her awesome team! So caring, thoughtful, experienced, trustworthy, and amazing..."



PARTNER WITH US

Every contribution helps expand access to meaningful outdoor developmental experiences for children and families.

Seed — \$276

Sponsors one child

Sprout — \$552

Sponsors two children

Sapling — \$1,380

Sponsors five children

Grove — \$2,760

Sponsors ten children

Forest — \$5,520

Sponsors an entire class of 20 children

While many partners choose to sponsor one child or more, contributions of any amount are deeply appreciated and help expand access for children and families.

Founding Supporters

Every inaugural-year donor will be recognized as a Founding Supporter in appreciation of helping launch the Mud Kitchen Kids Access Fund.

Business partners will also receive recognition through our website, social media, seasonal newsletters, and an annual Community Impact Report.



TOGETHER, WE CAN CREATE MORE OUTDOOR CHILDHOODS



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